



ANU NATION

PRESENTS

# ANU WOMBMYN

*Reclaiming the Feminine Body, Mind, and Spirit*

ANU Nation extends an invitation to you to partake on the sacred ANU WOMBMYN journey; a circle created to give you the tools to re-balance Mental, Physical and Spiritual.

The ANU WOMBMYN series was also created with the intention to reignite the knowledge of women's consciousness; instilling awareness that we, as women, have an innate ability to balance ourselves and surroundings. This feminine circle was developed to reach out to women who have a sincere desire to explore a Holistic approach to healing the Feminine Body, Mind, and Spirit.

Let us travel together through a sacred journey of physical, mental, spiritual and emotional well-being. Today make a commitment to become more responsible in creating and sustaining a healthier and better YOU.

Are you ready to:

- ⇒ Nurture your mind, body and spirit in a supportive, safe, and sacred atmosphere.
- ⇒ Have FUN celebrating a deeper relationship with your authentic self!
- ⇒ Have the opportunity to develop real heart-felt sisterhood!
- ⇒ Obtain your deepest desires and the tools to assist your divine journey

**Series Begins**

**September 11th, 2011!!!**

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